

Dr. Nnaka holds the position of associate professor of nursing and serves as the founding associate dean for research at the University of North Texas Health Science Center at Fort Worth College of Nursing. He earned his PhD in nursing and precision health from the University of Texas at Austin and completed his research fellowship in Digital Therapeutics at the Geisel School of Medicine at Dartmouth College.

He is the visionary behind the Cardiovascular Disease Digital Therapeutics and Health Equity Lab at UNTHSC. His research is dedicated to enhancing health outcomes and fostering compliance with complex self-management and preventive health measures among ethnic minority groups grappling with conditions such as hypertension, heart failure, and vascular dementia through digital therapeutics (DTx).

Dr. Nnaka's lab is actively developing various digital and app-based interventions tailored for African Americans living with hypertension, diabetes, and vascular dementia.