

Dr. Clark is a lifelong learner. She has pursued studies in sciences and public health, including a Masters of Public Health (MPH) from Texas A&M University in 2013, and graduating as a Doctor of Osteopathic Medicine (DO) through the Edward Via College of Osteopathic Medicine program in 2018. Recently, she has also achieved the International Board Certified Lactation Consultant (IBCLC) through the International Board of Lactation Consultant Examiners (IBLCE) and completed the Climate Health Equity Fellowship (CHEF) through the Medical Consortium on Climate and Health. Currently, Dr. Clark is participating in a virtual fellowship, Lessons in Lactation Advanced Curriculum (LILAC) through the University of Rochester Medical Center.

Dr. Clark dedicates her career to marginalized and rural communities as a primary care physician. She also runs a public health education company, Sunflower Lactation and Health Education, LLC with her sister, Lena Clark, MPH, who is an Expert Qualitative Researcher with experience in public health. Dr. Clark is active in many organizations, such as the American College of Osteopathic Physicians (ACOFP), the National Medical Association (NMA), and the American Medical Women's Association. She has given several presentations at conferences for groups ACOFP, the National Medical Association (NMA), and the Academy of Breastfeeding Medicine (ABM).

She advocates for policy changes for racial, LGBTQIA+, and climate issues. Dr. Clark is also an original member and current chair of the Diversity, Equity, and Inclusion (DEI) Advisory Group for ACOFP. She and other early members were instrumental in establishing fifteen DEI recommendations that were adopted by the ACOFP.