



National
Medical Association **REGION V**



2024 ANNUAL CONFERENCE

"From Disparities to Equity: A Call For Healthcare Transformation"

NMAREGIONV



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Welcome from the 124th NMA President

April 2024

Greetings Esteemed Colleagues! It is a pleasure for me to welcome you to the Region V Annual Meeting! The Region V leadership has put together an exciting, relevant and timely program. This meeting will inform, educate, and equip attendees with the tools necessary to empower Black physicians to challenge the status quo, and give a voice to the most vulnerable patient populations as we move the needle forward in the elimination of health disparities.

All of the work being done by the NMA is grounded in the elimination of health disparities. The sustainability and viability of the Black physician and the healthcare workforce must be prioritized because we know that racially concordant care results in better health outcomes for minority patients. I applaud Region V for their focus and theme of this meeting, ***“From Disparities to Equity: A Call for Healthcare Transformation.”*** I was very intentional in identifying the three core pillars that have guided my presidency so far. The quest to transform healthcare and healthcare delivery in this country is being challenged at every turn, especially with the current efforts to ban diversity, equity and inclusion policies and programs. We must highlight that the narrative surrounding DEI is baseless, without merit, and is extremely detrimental to achieving health equity and eliminating health disparities. This meeting will showcase our efforts and reinforce our commitment to increasing the representation, preservation, and contribution of persons of African descent in medicine.

The NMA remains the leading voice for parity and justice in medicine, for us and the patients we serve. I am very proud of the work that all of us are doing to move the needle forward. We continue to be the trusted messengers for our community and we remain vigilant in our efforts to speak to the specific needs and concerns of African Americans.

Thank you for your continued support of the National Medical Association.

Sincerely,

Yolanda Lawson, MD

WELCOME LETTER



We are excited to invite you to join us as a sponsor or exhibitor at the 2024 National Medical Association Region V Annual Conference. This event is scheduled to take place from Friday, April 19 to Sunday, April 21, 2024, at the Marriott Dallas Uptown located at 3033 Fairmount Street, Dallas, TX, 75201. Your participation will be pivotal in ensuring the success of our Annual Conference. We eagerly anticipate your involvement and support.

Many thanks,
Donald G. Peghee Jr.
Melanie Hafford, MD



Donald G. Peghee Jr., MD
Chair, NMA Region V



Melanie Hafford, MD
President, CV Roman Medical Society

From Disparities to Equity: A Call For Healthcare Transformation



Activity Overview/Description: This two-day live meeting will feature dynamic and enriching sessions and panel discussion on topics that include climate change, managing chronic diseases, women’s health, obesity and nutrition education, HIV updates, and healthcare wellness.

Target Audience: This activity is intended for Physicians, Physician Assistants, Podiatrists, and Nurse Assistants.

Accreditation Statement:

The National Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation Statement:

The National Medical Association designates this live in-person activity for a maximum of **12 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Learning Objectives:

- Discuss reducing climate control and take steps to minimize conditions and pollutants contributing to the problem.
- Identify the latest technologies, advances, equipment, medications, and procedures available to improve patient care and to monitor patient health.
- Apply updated clinical recommendations for use when treating patients with chronic diseases.
- Assess the success and failures of current public health systems within Region V to discuss their strengths in promoting health equity in a post pandemic environment.
- Deploy learned methods of community engagements as a means of combating HIV in African American communities.

Unapproved Use of Disclosure:

Please note that this activity may contain discussions of unlabeled uses of FDA-approved products, AND/ OR discussions of investigational products not yet approved by the FDA. Please refer to the official prescribing information for approved indications, contraindications, and warnings.



Summary of Planning/Faculty Disclosure:

In accordance with the ACCME's Standards for Integrity and Independence, all persons who control the educational content of NMA accredited activities must disclose all financial relationships with any ineligible companies that they have had over the past 24 months. NMA uses the ACCME's definition of ineligible companies: Those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. There is no minimum financial threshold. NMA determines whether any of these relationships is relevant to this activity. All the relevant financial relationships identified for persons in a position to control activity content have been mitigated.

The following planners, moderators, and speakers declare no relevant relationship with commercial entities.

- Olufemi Abiodun MD
- Alisha Adams, NP
- Motolani Adedipe, DPh, MS, PhD
- Adam Alexander, PhD
- Kristie Brooks, MS, LPC
- Kayla Burton
- Briana Butler, MCN, RDN, LD
- Spencer Carter, MD
- Marvinia Charles, MD
- Sheila Chhutani, MD
- Brianna Clark, DO
- Ashley Clawson, PhD
- Darwin Conwell, MD
- Aeiress Duhart-Lewis
- Carolee D. Estelle, MD
- Rea Foster, JD
- Phyliss Gee, MD
- Lillian German
- James Griffin, MD
- Mignonne Guy, PhD
- Melanie Hafford, MD
- Kesha Harris-Henderson, MD
- Shannon Hills
- Wendell Jones, MD
- Valarie Kincade
- Derek Lewis, II
- Julia Lothrop
- Kevin McKinney, MD, FACE
- Veronica Moore, MD
- Gilbert Murimwa MD
- Tonychris Nnaka, PhD, MPH, RN, CPH
- Ruth Obiarinze, MD
- Nekesha Oliphant, MD
- Edwin Onkendi MD
- Donald Peghee, Jr., MD
- Elizabeth Pollard, MD
- Lauren Rainey, Esq
- Keith Rawlings, MD
- Teriya Richmond, MD
- Carolyn Ross Riley, MD
- Lisa Taylor-Kennedy, MD, PA
- Tanisha Toaston, DO
- Melissa Walker, DO
- Kimberly Washington MD



- Stormee Williams, MD

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The following planners, moderators, and speakers declare the following relations with commercial entities.

- Roger Bedimo, MD: Gilead Sciences- Advisory Board; Janssen-Advisory Board; Merck-Advisory Board; Shionogi- Advisory Board; Viiv Healthcare- Advisory Board
- Christopher Evans, MD: Viiv- Research Support
- Nada Fadul, MD- Viiv- Research and Advisory Board
- Oluwaseun Falade-Nwulia, MBBS, MPH: AbbVie- Grant Funds; Gilead-Advisory Fees
- Brandon Garrett: Amgen-; Gilead Sciences
- Cheryl Holder, MD: Genentech- Speaker; Medtronic- Speaker
- Yolanda Lawson, MD: AbbVie- Speaker; Myovant Science- Speaker; Pfizer- Advisory Group; Viiv- Advisory Group
- Yolanda Mageto MD, MPH, ATSF: Boehringer Engelheim- Speaker; Tvardi Pharmaceuticals- Steering Committee; United Therapeutics- DSMB
- Shawna Nesbit, MD: AblativeSolutions- Site Investigator
- Tami Singleton, MD: Octapharma, Bayer, Novo-Nordisk, CSL, Behring, Genentech, Biomarin, Takeda, Hema Biologics, Kedrion, Pfizer- Advisory Board/Consultant; Octapharma, Genentech, Biomarin, Novo Nordisk, CSL Behring, Takeda, Grifols, Spark-Speakers Bureau; Octapharma, Genentech, CSL Behring, Novo Nordisk, Takeda, BPL,



Biomarin, Grifols, Pfizer- Honoraria: Spark,
Biomarin, Pfizer- Research Funding

- Maurice Sholas, MD, PhD: NS Pharma-Speaker

Disclaimer:

National Medical Association and their staff are not responsible for injury or illness resulting from the use of medications or modalities discussed during this educational activity. The information provided at this CME activity is for continuing education purposes only and is not meant to substitute for the independent medical judgement of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition.

Instructions to Receive Credit: Participants must view the CME materials, attend the live activity, and complete and submit the evaluation and return the completed CME Credit Attestation form.



2024 NMA Region V National Medical Association Conference

GENERAL SESSION



National Medical Association | Region V Conference
“From Disparities to Equity: A Call for Healthcare Transformation”
General Sessions Agenda

Friday, April 19th | Katy A

- 8:00 am - 4:00 pm **Registration Opens**
- 8:30 - 10:30 am **NMA Region V Business Meeting**
- 11:00 am **Exhibit Hall Opens**
- 11:30 -11:45 am **Opening Ceremony & Welcome**
Donald Peghee, MD
Chair
National Medical Association, Region V
- Melanie Hafford, MD**
President
CV Roman Medical Society
- 11:45 am - 1:00 pm **Earth Day Luncheon**
Climate Justice: Bridging the Gap to Health Equity
Melissa Walker, DO, Moderator
Trustee
National Medical Association, Region V
- Cheryl Holder, MD**
Physician
FIU Herbert Wertheim College of Medicine
- Brianna Clark, DO**
CHEF Fellow
American Medical Women's Association
- 1:00 - 1:45 pm **Digital Health App-Based Outreach**
Tonychris Nnaka, PhD, MPH, RN, CPH
Associate Dean for Research | Associate Professor of Nursing
College of Nursing | UNT Health Science Center
- Motolani Adedipe, DPh, MS, PhD**
Assistant Professor
Director, Cultural Awareness and Communication
TSET Health Promotion Research Center
The University of Oklahoma Health Sciences Center
- Adam C. Alexander, PhD**
Assistant Professor

National Medical Association | Region V Conference
“From Disparities to Equity: A Call for Healthcare Transformation”
General Sessions Agenda

Health Promotion Research Center
University of Oklahoma Health Sciences Center

1:45 - 2:15 pm

Revolutionizing Maternal Care: Transformative Healthcare Solutions to the Maternal Health Crisis

Yolanda Lawson, MD

President

National Medical Association

Sheila Chhutani, MD

Chair

Physician Leadership Council

2:15 – 2:30 pm

Revolutionizing Maternal Care: Transformative Healthcare Solutions to the Maternal Health Crisis PART 2 (NON-CME) – Katy C

Ariana McGee

Founder & CEO

Navigate Maternity

2:30 - 3:00 pm

Systems Panel: Recruiting a Robust and Diverse Workforce

James Griffin, MD

Chief of Parkland’s Anesthesia Services and Vice Chairman of the UT

Southwestern Department of Anesthesiology and Pain Management for Parkland Hospital Affairs

Wendell Jones, MD

Network Director

U.S. Department of Veterans Affairs

Yolanda Mageto MD, MPH, ATSF

Professor of Medicine

Medical Director Interstitial Lung Disease

Advance Heart and Lung Disease

Texas A&M

Stormee Williams, MD

Vice President & Chief Equity Officer

Childrens Health

3:00- 3:30 pm

Education System Panel: Training a Robust and Diverse Physician Workforce

Melissa Walker, DO, Moderator

Trustee

National Medical Association, Region V

Shawna Nesbit, MD

Medical Director of Parkland Health’s Hypertension Clinic Vice President and Chief Institutional Opportunity Officer.

National Medical Association | Region V Conference
“From Disparities to Equity: A Call for Healthcare Transformation”
General Sessions Agenda

Lauren Rainey, ESQ

Attorney, Associate Dean for Diversity, Equity, and Inclusion,
Anne Burnett Marion School of Medicine at Texas Christian University

3:30 - 4:00 pm

Legislative Health Policy Priorities and Updates

Brandon Garrett

Partner
Empire Consulting

Lillian German

Director of Federal Affairs
Blue Cross Blue Shield of Illinois, Montana, New Mexico, Oklahoma, and Texas

4:00 - 4:45 pm

Health Agencies Policy Updates

Julia Lothrop

Executive Officer
US Department of Health and Human Services

Shannon Hills

Regional Director, Region VI
Center for Medicare & Medicaid

Kristie Brooks, MS, LPC

Director, Region VI
Substance Abuse and Mental Health Services Administration (SAMHSA)

4:45 - 5:45 pm

Sponsor & Exhibitor Networking Reception

6:30- 8:00 pm

NMA Region V Welcome Reception

Hosted by: UT Southwestern Medical

T. Boone Pickens

Biomedical Building at UT Southwestern Medical Center, 6001 Forest
Park Rd, Dallas, TX 75235

Hosted: UT Southwestern Medical Center

Sponsors: Dairy Max

Shuttle Available

National Medical Association | Region V Conference
“From Disparities to Equity: A Call for Healthcare Transformation”
General Sessions Agenda

Saturday, April 20th | Katy A

- 7:30-9:00 am **Breakfast & Networking**
- 8:00- 9:00 am **The Role of Dairy Intake Improving Health Among Black Americans Across the Life Continuum: A Summary of the Evidence**
Kevin McKinney, MD, FACE
Director, Division of Endocrinology
University of Texas Medical Branch
- Briana Butler, MCN, RDN, LD**
Co-owner & Lead Dietitian
Stef & Bri Wellness
- 9:00-9:40 am **Clinical Trials a Business Case**
Marvinia Charles., MD, Moderator
Supervising Physician
DispatchHealth
- Teriya Richmond, MD**
Founder
Total Health Clinic & Day Spa
- Aeiress Duhart-Lewis**
Senior Clinical Team Manager, Vaccines
PPD, A Part of Thermo Fisher
- Valarie Kincade**
Director of Clinical Trials
Lynn Institute of the Ozark
- 9:40 -10:20 am **Empowering Change: Leveraging Philanthropy to Transform Healthcare**
Tanisha Toaston, MD, Moderator
Medical Director
Reunion Rehabilitation Hospital
- Kayla Burton**
Senior Manager, Corporate Affairs
Walmart
- Rea Foster**
Territory Vice President
St. Jude Children’s Research Hospital- ALSAC
- 10:20 -10:30 am **Exhibit Break**

National Medical Association | Region V Conference
“From Disparities to Equity: A Call for Healthcare Transformation”
General Sessions Agenda

10:30 -11:00 am

Women in Medicine Panel
Lisa Taylor-Kennedy, MD, PA, Moderator
Anesthesiologist, Managing Partner

Marvinia Charles., MD
Supervising Physician
DispatchHealth

Ruth Obiarinze, MD
Physician
AppriseMD

Carolee D. Estelle, MD
Associate Chief of Infection Prevention
Parkland Health
Assistant Professor of Medicine
Division of Infectious Diseases & Geographic Medicine
UT Southwestern Medical Center

Nekesha Oliphant, MD
Vice Chair of Behavioral Health
JPS Health Network

11:00 -11:30 am

Non-Clinical Careers In Medicine
Maurice Sholas, MD
Chair
National Medical Association

11:30 - 1:00 pm

Lunch & Panel Discussion: Managing HIV Disease and its Complications in Minority Populations

Roger Bedimo, MD, Moderator
Professor of Medicine
University of Texas Southwestern Medical Center (UTSW) and Chief of Infectious Diseases at the VA North Texas

Chris Evans, MD
Associate Professor of Medicine
Oregon Health & Science University

Nada Fadul, MD
Professor of Medicine, Assistant Dean, and Medical Director
Specialty Care Center at the University of Nebraska Medical Center

Keith Rawlings, MD
Internal Medicine

Falade-Nwulia, MD

National Medical Association | Region V Conference
“From Disparities to Equity: A Call for Healthcare Transformation”
General Sessions Agenda

Associate Professor, Johns Hopkins University School of Medicine and Director,
Johns Hopkins Center for Substance Use and Infectious Disease Care Integration

Alisha Adams, NP

Adult-Gerontology Acute Care Nurse Practitioner
North Texas Veterans Administration Medical Center

1:00 - 2:00 pm

**Black Health Block Quit and Screen Project: A Partnership with the NMA and
the Center for Research Health and Social Justice**

Mignnone Guy, PhD

Associate Professor of African American Studies
Virginia Commonwealth University

Ashley Clawson, PhD

Assistant Professor
University of Arkansas for Medical Sciences

2:00 - 2:15 pm

Exhibit Break

2:15- 2:45 pm

Sickle Cell Lecture

Tami Singleton, MD

Chief Science Officer
American Hemostasis and Thrombosis Network

2:45 - 3:00 pm

**Medical Mistrust and Disparities in Cardiovascular Care by Race and
Ethnicity**

Spencer Carter, MD

Clinical Cardiology Fellow
UT Southwestern Medical Center

3:00 - 3:30 pm

Newest Trends in Weight Loss- What You and Your Patients Need to Know"

Melanie Hafford, MD

President
CV Roman Medical Society

Carolyn Ross Riley, MD

Founding Physician
Integrative Gynecology & Weight Loss Physician

Phyllis Gee, MD

Physician Owner
Willowbend Health and Wellness

3:30 - 4:30 pm

The Ins and Outs of Pancreatic Cancer: Treatment and Awareness

Kimberly Washington MD, Moderator

Gilbert Murimwa MD, Moderator

**Endoscopic Ultrasound, Endoscopic Retrograde Cholangiopancreatography,
and Biopsy**

National Medical Association | Region V Conference
“From Disparities to Equity: A Call for Healthcare Transformation”
General Sessions Agenda

Olufemi Abiodun MD
Gastroenterology Practice Associates

Whipple and Distal Pancreatectomy, Minimally Invasive and Open Procedures
Edwin Onkendi MD
Texas Tech University

For All Those Resected and Unresectable: Chemotherapy for Pancreatic Cancer
Elizabeth Pollard, MD
Texas Oncology

To Radiate or Not To Radiate: That is the Question
Kesha Harris-Henderson, MD
Texas Oncology

Increasing Awareness of Pancreatic Cancer in the African American Community
Darwin Conwell, MD
Chair
African American Initiative, National Pancreas Foundation
University of Kentucky

7:30 pm

CV Roman Social & Mixer
Kiss Vibe Dining
2619 McKinney Ave | Suite 120
Dallas, TX 75204
There is an additional fee for this event.



2024 NMA Region V National Medical Association Conference

HIV UPDATE

National Medical Association | Region V Conference
“From Disparities to Equity: A Call for Healthcare Transformation”
The HIV Update Course | Room Katy C
Saturday, April 20, 2024

7:30 am Registration and Continental Breakfast

7:55 am Welcome - Roger Bedimo, MD

HIV EPIDEMIOLOGY AND PREVENTION

8:00 am *Update on HIV Epidemiology and Prevention/PrEP*
Keith Rawlings, MD

8:45 am *Structural Vulnerabilities and Disparities: How They Impact HIV Care and Prevention*
Nada Fadul, MD

HIV DISEASE MANAGEMENT, COMPLICATIONS AND COMORBIDITIES

9:30 am *HIV Primary Care Guidelines*
Alisha Adams, NP

10:15 am Break

10:30 am *Complexities of Long-Acting Agents for Prevention and Treatment*
Keith Rawlings, MD

11:00 am *Opportunistic Infections and Cardiometabolic Complications*
Roger Bedimo, MD

11:45 am *Management of Hepatitis C in People with and without HIV*
Oluwaseun Falade-Nwulia, MBBS, MPH

CO-INFECTIONS AND SEXUALLY TRANSMITTED DISEASES

12:15 pm *Lunch & Panel Discussion: Managing HIV Disease and its Complications in Minority Populations*

Panelists: Keith Rawlings, MD; Nada Fadul, MD; Alisha Adams, NP; and Roger Bedimo, MD; Optional: Community Member

1:15 pm *Update in STI Epidemiology and Management and DoxyPEP*
Chris Evans, MD

2:00 pm Adjourn



2024 NMA Region V National Medical Association Conference

STUDENT PROGRAM



National Medical Association | Region V Conference
“From Disparities to Equity: A Call for Healthcare Transformation”
Student Sessions Agenda | Room Missouri
Saturday, April 20, 2024

- 7:30 am **Registration and Breakfast**
- 7: 55 am **Welcome & Introductions**
 Randall C. Morgan Jr., M.D., MBA
 President & CEO, W. Montague Cobb /NMA Health Institute
- 8:00 am **Research Workbench of the All of Us Research Program**
 Introduction to All of Us Evenings with Genetics Research Program
 Debra Murray, Ph.D. MPI-All of Us Evenings with Genetics Research Program
- Maternal Genetic Variants Associated with Recurrent Pregnancy Loss (RPL)*
 April Adams, M.D., Program Faculty - All of Us Evenings with
 Genetics Research Program
- Data Quest: Treasure Hunt to Explore the All of Us Database*
 Jasmine Baker, Ph.D Bioinformatics Programmer - All of Us Evenings with
 Genetics Research Program
- Audience Discussion, Questions and Feedback*
 Randall C. Morgan Jr., M.D., MBA, Moderator
- Closing Remarks*
 Conchita Burpee
 Director of Community Engagement of the All of Us Research Program
 W. Montague Cobb NMA Health Institute
- 10:00 am **Culinary Medicine: Empower Your Patients with Delicious Dairy**
 Sarah Ryan, MS, RDN, LD
 Partnership Manager, Health & Wellness
 Dairy MAX
- 10:30 am **Women in Medicine Panel ((combined with General Session in Katy A)**
 Lisa Taylor-Kennedy, MD, PA
 Anesthesiologist, Managing Partner
- Marvinia Charles., MD**
 Supervising Physician
 DispatchHealth
- Ruth Obiarinze, MD**
 Physician
 AppriseMD

National Medical Association | Region V Conference
“From Disparities to Equity: A Call for Healthcare Transformation”
Student Sessions Agenda | Room Missouri
Saturday, April 20, 2024

Carolee D. Estelle, MD

Associate Chief of Infection Prevention

Parkland Health

Assistant Professor of Medicine

Division of Infectious Diseases & Geographic Medicine

UT Southwestern Medical Center

Nekesha Oliphant, MD

Vice Chair of Behavioral Health

JPS Health Network

11:00 am

Non-Clinical Careers In Medicine (*combined with General Session in Katy A*)

Maurice Sholas, MD

Chair, National Medical Association

11:30 am

Lunch & Panel Discussion: Managing HIV Disease and its Complications in Minority Populations (*combined with General Session in Katy A*)

Panelists: Keith Rawlings, MD; Nada Fadul, MD; Alisha Adams, NP; and Roger Bedimo, MD



2024 NMA Region V National Medical Association Conference

EVENTS





WELCOME RECEPTION

FRIDAY
APRIL 19
6:30 PM – 8:00 PM

**T. BOONE PICKENS
BIOMEDICAL BUILDING**

At UT Southwestern Medical Center
14th Floor
6001 Forest Park Rd
Dallas, TX 75235

HOSTED BY:

UT Southwestern
Medical Center
Institutional Opportunity

SPONSORED BY:



COCKTAIL

Party



SATURDAY
4.20.24

7:30 - 10:30

KISS

VIBE DINING

2619 MCKINNEY AVE
DALLAS, TEXAS 75204

FREE ADMISSION FOR CURRENT -
PAID C.V.ROMAN MEMBERS!
\$40 FOR NON-MEMBERS

THE PRICE OF ADMISSION INCLUDES DJ, FOOD
AND TWO COMPLIMENTARY DRINK TICKETS

CLICK HERE TO PURCHASE
TICKETS!

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2024

NMA REGION V ANNUAL CONFERENCE



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